# Direct Evidence of Imbalanced Seagrass (*Posidonia oceanica*) Shoot Population Dynamics in the Spanish Mediterranean

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ABSTRACT: Direct census of shoots tagged in permanent plots was used to assess the present (2000-2002) Posidonia oceanica population dynamics in 25 meadows along the Spanish Mediterranean Coast. Shoot density ranged from 154  $\pm$ 8 to 1.551 ± 454 shoots m<sup>-2</sup>, absolute shoot mortality from 5 ± 0 to 249 ± 53 shoots m<sup>-2</sup> yr<sup>-1</sup>, and absolute shoot recruitment from  $<5 \pm 1$  to  $62 \pm 42$  shoots m<sup>-2</sup> yr<sup>-1</sup>. Specific shoot mortality and recruitment rates, which are mathematically and statistically (p > 0.05) independent of shoot density, varied from  $0.015 \pm 0.006$  to  $0.282 \pm 0.138$  yr<sup>-1</sup> and  $0.018 \pm 0.005$  to  $0.302 \pm 0.093$  yr<sup>-1</sup>, respectively. Absolute shoot mortality rate was scaled to shoot density (Pearson correlation, r = 0.78,  $\rho < 0.0001$ ), and variability in specific shoot recruitment rate was partially due to differences in the percentage of growing apexes, which produce most of the recruits within the population (Pearson correlation, r = 0.50,  $p \le 0.001$ ), demonstrating the existence of structural constraints on shoot demography. Shoot half-life was estimated to range from 2.5 to 60.4 yr and meadow turnover times between 6.7 yr and more than a century, provided current estimates of shoot mortality, recruitment rates, and density remain uniform. There were differences in shoot mortality and recruitment at the regional scale, with the meadows developing along the coast of the Spanish mainland. experiencing the highest shoot mortality (Tukey test, p < 0.05) and tending to exhibit the highest shoot recruitment. The low shoot recruitment did not balance shoot mortality in most (60%) of the meadows, showing a prevalence of declining populations among the 25 meadows studied (Wilcoxon ranked sign test, p < 0.0005). This study demonstrates the power of direct census of seagrass shoots in permanent plots to evaluate the present status of seagrass meadows, to detect on-going population decline, and to provide some insight onto the possible factors involved. The incorporation of direct census of seagrass meadows to monitoring programs will help provide the early-warning signals necessary to support management decisions to conserve seagrass meadows.

#### Introduction

Seagrasses, which provide valuable functions to coastal ecosystems (Duarte 2002), are experiencing worldwide declines derived from natural and man-made disturbances (Short and Wyllie-Echevarria 1996; Hemminga and Duarte 2000; Duarte 2002). There is evidence that seagrass decline is a nonlinear process that accelerates, through cascade effects, after reaching a certain level of disturbance (e.g., Duarte 1995, 2002; Hemminga 1998). Recovery of seagrass meadows is a slow process, requiring time scales up to centuries for slowgrowing species (Duarte 1995, 2002; Hemminga and Duarte 2000). Detection of seagrass decline at the earliest stages of the process is crucial to prevent large-scale and, at human time scales, often irreversible seagrass losses.

Efforts to detect seagrass decline prior to observing losses in vegetation cover are increasing through the proliferation of monitoring programs and methods world wide (e.g., Short and Coles 2001). Monitoring programs typically assess seagrass status through changes in the shoot density or cover. The error of these estimates is so large (Heidelbaugh and Nelson 1996) that seagrass decline can only be reliably detected when over half of the shoot population has already been lost. Decline of slow-growing species may proceed for years until it can be statistically resolved by monitoring programs based on density and cover estimates. As a result, there is considerable demand to generate new, reliable approaches to monitor the status of seagrass meadows. Shoot demography has been

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Fig. 1. The cumulative number of estimates for parameters relevant to seagrass population dynamics (mortality, recruitment, net rate of population growth, and median shoot age) since 1990. The cumulative number of total estimates (solid line) and that of values derived through methods other than the examination of age distributions (dotted line) are indicated. Data obtained from Patriquin (1973), Bigley and Harrison (1986), Duarte and Sand-Jensen (1990), Gallegos et al. (1993), Harrison (1993), Durako (1994), Gallegos et al. (1994), Olesen and Sand-Jensen (1994a,b), Perez et al. (1994), Vermaat et al. (1995), Duarte et al. (1996, 1997), Jensen et al. (1996), Marbà et al. (1996), Moore et al. (1996), Vidondo et al. (1997), Balestri et al. (1998), Kenworthy and Schwarzschild (1998), Manzanera et al. (1998), Laugier et al. (1999), Marbà and Walker (1999), Ramage and Schiel (1999), van Tussembroek (2000), Kamermans et al. (2001), Koch and Erskine (2001), Peterson and Fourgurean (2001), Rollon et al. (2001), and Ruiz and Romero (2001).

demonstrated to be a useful tool to assess seagrass population status, and it has been intensively used over the last decade to examine meadow status (e.g., Duarte and Sand-Jensen 1990; Durako 1994; Marbà et al. 1996; Kaldy et al. 1999; Peterson and Fourqurean 2001). Most available seagrass demographic estimates have been quantified retrospectively (Fig. 1), based on the age distribution of the living shoots of the population (Duarte et al. 1994). Demographic estimates based on the age distribution of the living shoots are subject to considerable uncertainty, as their use involves assumptions that often cannot be verified (Jensen et al. 1996, 1997; Kaldy et al. 1999; Ebert et al. 2002; Ebert and Williams 2003). Demographic estimates based on shoot age distributions provide retrospective assessments of the meadow dynamics over time scales up to years to decades over the past (Fourgurean et al. 2003) and do not necessarily accurately reflect the status of the meadow at the time of sampling and are less accurate in assessing the future (Jensen et al. 1996, 1997). Diagnostics on seagrass population status based on retrospective analyses involve, particularly for mortality estimates, assumptions that can rarely be verified



Fig. 2. Drawing of *Posidonia oceanica*. Morphological plant attributes and tagging procedure are shown.

(Ebert et al. 2002; Ebert and Williams 2003; Fourqurean et al. 2003).

The reliable early diagnosis of seagrass decline requires the use of alternative approaches to assess shoot population changes at short time scales. Direct censuses have been proposed as the most effective way to assess the current demographic status of seagrass populations (Short and Duarte 2001; Ebert et al. 2002). Direct shoot census has been successfully used to assess shoot demography in terrestrial clonal plants for decades (e.g., Harper 1977) but has seldom (Bigley and Harrison 1986; Laugier et al. 1999; Ruiz and Romero 2001) been applied to examine seagrass shoot demography, likely because the census of sufficient individually-tagged shoots is cumbersome and requires considerable dive time, manpower, and economic resources.

Posidonia oceanica, the dominant seagrass species in the Mediterranean Sea, forms highly productive meadows (Duarte and Chiscano 1999) extending about 50,000 km<sup>2</sup> (Bethoux and Copin-Móntegut 1986). P. oceanica is a long-lived, slow-growing seagrass (a few centimeters per year; Duarte 1991) with sparse sexual reproduction (Meinesz and Lefèvre 1984; Buia and Mazzella 1991). Populations develop over millenary time scales (Mateo et al. 1997). Similar to all other seagrasses, the vast majority of shoots in P. oceanica meadows are vegetatively produced by horizontal rhizome apexes and dividing vertical shoots (Fig. 2). P. oceanica is believed to be in decline across most of the Mediterranean basin, due to local anthropogenic forcing (e.g., Delgado et al. 1999; Duarte 2002) and possibly climate change (Duarte 2002). Retrospective examination of shoot demography along the Spanish Mediterranean Coast confirmed the reports of widespread decline in the recent past (1960–1990;

Marbà et al. 1996), but direct estimates of the present demographic status of the species are lacking.

We demonstrate the feasibility of the use of direct census of shoots tagged in permanent plots to assess the present (2000–2002) *P. oceanica* population dynamics in 25 meadows along the Spanish Mediterranean. We evaluated population status of the populations on the basis of examinations of the balance between the annual shoot mortality and shoot recruitment and the resulting net population growth rates.

#### Materials and Methods

#### STUDY SITE

The study was conducted in 25 P. oceanica meadows distributed along 2,500 km of the Spanish Mediterranean Coast coastline, the mainland, and the Balearic Islands. The populations examined developed at water depths ranging from 3 to 25 m and encompassed environments with contrasting anthropogenic pressure. All meadows, except those at Xilxes, Torre de la Sal, and Cabrera and Formentera Islands, were growing near tourist areas. The meadows at Xilxes and Torre de la Sal were located in an area with intense coastal erosion. Anthropogenic pressure at Cabrera Island has been low since it was expropriated for military activities in 1916 (Frontera et al. 1993) to become a national park in 1991 with conservation policies implemented to protect both the land and marine components (Marbà et al. 2002). Surface water temperature along the Spanish Mediterranean Coast varies about 3°C from north to south, and averages 13°C in winter and 25°C in summer (Flos 1985). The study sites were located in oligotrophic environments, as reflected in high water transparency (>15 m Secchi depth throughout) and low nutrient concentrations in seagrass leaves (Duarte and Fourqurean unpublished data). The meadows examined at the Balearic Islands grew over biogenic carbonate sediments while those on the Spanish mainland grew over a mixture of biogenic carbonate and terrigenous sediments.

Between June 2000 and August 2001, three permanent plots, of an area varying between 0.09 and  $0.72 \text{ m}^2$  (as to include at least 100 shoots plot<sup>-1</sup>) were delimited at each of the selected sites by SCU-BA divers by a string running around four metal poles inserted into the sediments at the corners of the plots. At Xilxes, where *P. oceanica* developed small isolated patches, regular plots could not be installed and 8 entire patches were selected for the study. All shoots present inside the plots, or the patches at Xilxes, where counted and tagged by SCUBA divers with a plastic cable tie placed around their vertical rhizomes, at least 2 cm below

the leaf meristem (Fig. 2). On average 101  $\pm$  6 shoots were marked per plot, varying between 12 (the smallest patch at Xilxes) and 277 shoots plot<sup>-1</sup>, representing an average of 303 individuallytagged shoots per station and a total of 7,575 shoots tagged in this study. The plots were revisited once, at intervals between 292 and 436 d (Table 1), and the number of surviving shoots (i.e., tagged shoots) and newly recruited shoots (i.e., young, untagged shoots) were counted. All plots were revisited after summer 2001, and most of them (i.e., those located at Cabrera at >14 m depth, Mallorca, Girona, and Formentera) after fall 2001. The counting error was calibrated by counting replicated plots by independent observers, yielding an estimate of  $\pm 0.3$  recruited shoots per plot and  $\pm 5$  dead shoots per plot. The repeated shoot census allowed direct estimates of shoot density, absolute (shoots m<sup>-2</sup> yr<sup>-1</sup>) and specific (yr<sup>-1</sup>) rates of shoot mortality and recruitment, net population growth and shoot turnover rates, and shoot half-life at the meadows.

Absolute shoot mortality rate (AbsM; dead shoots  $m^{-2} yr^{-1}$ ) was calculated as

$$AbsM = \frac{(NT_0 - NS_1) \times 365}{[A \times (t_1 - t_0)]}$$

 $NT_0$  is the number of marked shoots at the start of the study (t<sub>0</sub>, d) at each plot,  $NS_1$  is the number of marked shoots that survived at t<sub>1</sub> (d), and A is the plot area (m<sup>2</sup>). The specific shoot mortality rate (M; yr<sup>-1</sup>) was calculated as

$$M = \frac{[\ln(NT_0/NS_1)] \times 365}{t_1 - t_0}$$

Calculation of M allowed estimation of shoot halflife (Age; yr) as

Age = 
$$\frac{\ln 2}{M}$$

Absolute shoot recruitment rate (AbsR; recruited shoots  $m^{-2} yr^{-1}$ ) was calculated as

$$AbsR = \frac{NN_1 \times 365}{[A \times (t_1 - t_0)]}$$

where  $NN_1$  is the number of recruited (i.e., young not marked) shoots between  $t_1$  and  $t_0$ . Shoot turnover time (yr) is estimated by dividing shoot density at the beginning of the study by the absolute recruitment rate. The specific shoot recruitment rate (R; yr<sup>-1</sup>) was estimated as

$$R = \frac{[\ln(NT_1/NS_1)] \times 365}{t_1 - t_0}$$

where  $NT_1$  is the number of living shoots at the end of the study at each plot, comprising both sur-

for those sites where or	rensus at each r. we ne plot was lost duri	<i>unua</i> meauc ing the study	y or shoot de	ьс. мuп. nsities at	iter of mean t <sub>o</sub> were lower	vaures – stan r than survivi	uaru error or meau ng shoot counts at t	vaues are pro (*). nd: no d	video. ivuinoer or ata available.	prous o, except
Region	Si të	Latinde (degrees N)	Longitude (degrees)	Depth (m)	Plot Set Up Date	Thme Elapsed in Between Initial and Final Shoot Census (days)	Shoot Bensiy <sub>to</sub> (shm <sup>-2</sup> )	% Apexes	Absolute Mortality Rate (deatd thoots $m^{-2} y^{-1}$ )	Absolute Recruitment Rate (recruited shoots m <sup>-2</sup> y <sup>-1</sup> )
Formentera	Cala Torreta Es Pujols	38°47.45' 38°43.74' 38°43.74'	1°25.18'E 1°27.27'E 1°25 0°7E	1~40	15-Jan-01 25-April-01	485 380 770	527.31* 745.83 ± 24.03 $525.67 \pm 1.47.03$	3.08 0.00 0.00 0.00	$46.18^{*}$ $32.25 \pm 8.80$ $10.05 \pm 4.01$	$13.47 \pm 5.07$ $17.59 \pm 11.73$
erende O	Salatin	10.07 00	⊒ co.c≠ 1	þ	10-IIIde-07	B10	000.07 ± 14.00	0.00 0.00	10.14 60.01	₽0.0T - 12.04
	El Castell El Castell El Castell El Castell El Castell Cala Sta Maria Cala Sta Maria	39°9.16′ 39°9.16′ 39°9.18′ 39°9.18′ 39°9.078′	2°55.82'E 2°55.82'E 2°55.80'E 2°55.77'E 2°55.76'E 2°56.92'E	8010881 8028851 1.1	16-Oct-00 26-Oct-00 21-Nov-00 23-Nov-00 23-Nov-00 23-Nov-00 23-Nov-00	3577 3577 433 433 433 433 433 434 433 434 433 434 433 434 433 54 44 433 54 44 433 54 44 433 54 44 54 54 54 54 57 757 757 757 757 75	$704.00 \pm 62.14$ $535.42 \pm 102.59$ $437.50 \pm 26.02$ $233.33*$ $159.88$ $159.88$	0.88 ± 0.88 0.00 ± 0.88 0.00 ± 0.65 0.00 ± 0.65	$\begin{array}{c} 62.35 \pm 38.46 \\ 102.24 \pm 46.23 \\ 84.30 \pm 13.26 \\ 7.89 \\ 5.26 \\ 5.$	$\begin{array}{c} 27.85 \pm 12.15\\ 10.65 \pm 4.26\\ 14.05 \pm 1.76\\ 10.53 \pm 5.27\\ 5.26\\ 13.87 \pm 4.29\\ 13.87 \pm 4.29\\ 12.87 \pm 4.29\\ 13.87 \pm 4.29\\ 14.87 \pm 4.29$ 14.29 14.20
	Cala Sta Maria Cala Sta Maria Sa Paret	39°9.00 39°9.16′ 39°8.81′	2°56.89'E 2°56.89'E 2°55.86'E	- 41	28-Oct-90 5-Feb-01 20-Nov-00	358 358 434	1000.00 ± 35.94 461.33* 259.33*	$0.44 \pm 0.44$ $2.37 \pm 1.93$ $1.08 \pm 1.08$	105.75 ± 58.05 67.29* 74.57*	$22.85 \pm 11.42$ $23.11 \pm 1.36$ $8.49 \pm 2.52$
Mallorca	Porto Colom Colonia St	39°25.05′	3°16.18′E	6.4	5-Jul-01	424	$414.67 \pm 80.74$	5.36	55.09 ± 6.89	$15.50 \pm 5.17$
	Jordi Magaluf Illetes-Calvià	39°18.66′ 39°30.25′ 39°32.10′	2°59.96/E 2°32.59′E 2°35.56′E	400	26-Feb-01 5-Oct-00 6-Aug-01	434 386 388	$980.00 \pm 70.69$ $562.67 \pm 54.76$ nd	$\begin{array}{c} 5.78 \pm 2.81 \\ 0.00 \\ 2.24 \pm 1.55 \end{array}$	115.50 ± 44.98 64.30 ± 15.29 nd	$62.80 \pm 42.30$ $20.17 \pm 10.77$ nd
Mediterranean coast of	Spanish mainland La Fossa L'Arenal	38°38.59′ 38°38.59′	0°4.56′E 0°3.06′E	ကလ	28-Jun-00 27-Jun-00	436 436	$1551.21 \pm 454.06 \\ 430.67 \pm 23.13$	$\begin{array}{c} 0.00 \\ 3.64 \pm 3.05 \end{array}$	$\begin{array}{l} 249.01 \pm 53.98 \\ 87.06 \pm 45.30 \end{array}$	$21.89 \pm 12.13$ $53.58 \pm 3.87$
	L'Olla- Campomanes Xilxes Torre de la Sal Fanals Civerola Jonquet	38°37.54′ 39°45.13′ 40°8.13′ 41°41.58′ 41°44.158′ 41°44.158′ 42°18.19′	0°0.57'W 0°8.07'W 0°10.72'W 2°50.55'W 2°57.87'E 3°17.36'E	က က က က က က က က က က က လက် က က က က က က က က လက် က က က	29-Jun-00 29-Jun-00 80-Jun-00 10-May-01 1-Jun-01 25-Jun-01	8 43 8 3 9 9 9 3 9 9 9 3 9 9 9 3 9 9 5 9 5 9 5 9 5 9 5 9 5 9 5 9 5 9 5 9	$\begin{array}{c} 426.67 \pm 25.44 \\ \mathrm{nd} \\ 850.00 \pm 42.70 \\ 832.41 \pm 23.48 \\ 805.80 \pm 60.20 \\ 258.33 \pm 19.90 \\ 258.33 \pm 19.90 \end{array}$	$\begin{array}{c} 1.49 \pm 0.32 \\ 20.61 \pm 5.32 \\ 0.84 \pm 0.84 \\ \mathrm{nd} \\ \mathrm{nd} \\ \mathrm{nd} \end{array}$	$\begin{array}{c} 108.33 \pm 52.94 \\ \mathrm{nd} \\ 64.08 \pm 11.41 \\ 42.96 \pm 7.85 \\ 50.08 \pm 16.80 \\ 60.44 \end{array}$	$\begin{array}{c} 20.00 \pm 15.00 \\ \text{nd} \\ 14.05 \pm 5.34 \\ 5.15 \pm 1.46 \\ 24.24 \pm 8.57 \\ 13.95 \\ 13.95 \\ 13.95 \\ 13.95 \\ 14.05 \\ 14.$
	Port Lugat	42~17.61	3~17.58′E	17	26-Jun-01	366	$154.65 \pm 8.05$	pq	30.93 ± 5.32	$23.55 \pm 2.77$

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TABLE 2. Demographic parameters (i.e., specific mortality and recruitment rates, shoot half-life, shoot turnover time, and specific net population growth rate) of *Posidonia oceanica* meadows growing along the Spanish Mediterranean. All plots were revisited once. Number of mean values ( $\pm$  SE) are provided. Number of plots = 3, except for those sites where one plot was lost during the study or shoot densities at t<sub>0</sub> were lower than surviving shoot counts at t<sub>1</sub> (\*). nd = no data available.

Region	Site	Depth (m)	Mortality Rate (yr <sup>-1</sup> )	Shoot Half Life (yr)	Recruitment Rate (yr <sup>-1</sup> )	Shoot Turnover Time (yr)	Net Population Growth Rate (yr <sup>-1</sup> )
Formentera	Cala Torreta	7	0.12*	31.08*	0.02 (0.01)	68.15 (17.86)	-0.10
	Es Pujols	4	0.04	17.04	0.02	80.04	-0.02
	Illetes	6	0.02 (0.01)	60.42 (18.06)	0.03 (0.02)	80.20 (32.50)	0.01 (0.01)
Cabrera	El Castell	5	0.11(0.08)	15.69 (6.54)	0.04(0.02)	37.67 (16.52)	-0.06 (0.08)
	El Castell	10	0.19 (0.07)	4.97 (1.98)	0.03 (0.02)	72.05 (27.55)	-0.16 (0.08)
	El Castell	15	0.22 (0.04)	3.33 (0.58)	0.04(0.01)	32.43 (5.38)	-0.18(0.04)
	El Castell	20	0.04*	25.09*	0.04 (0.02)	33.94 (12.58)	-0.01*
	El Castell	25	0.03	20.60	0.03	30.32	0.00
	Cala Sta Maria	13.1	0.21 (0.09)	5.00 (2.08)	0.02 (0.01)	63.82 (14.76)	-0.19 (0.09)
	Cala Sta Maria	7	0.18(0.04)	4.27 (0.81)	0.03(0.01)	64.68 (21.03)	-0.15 (0.03)
	Cala Sta Maria	17	0.14*	5.77*	0.05 (0.01)	20.23 (3.26)	-0.09*
	Sa Paret	17	0.28	6.67	0.05(0.02)	40.08 (16.50)	-0.25
Mallorca	Porto Colom	6.4	0.17	4.33	0.06	31.36	-0.11
	Colonia St. Jordi	4	0.12 (0.04)	7.18 (2.34)	0.07 (0.05)	119.77 (104.92)	-0.05 (0.09)
	Magaluf	6	0.12 (0.02)	6.10(0.95)	0.04 (0.02)	49.06 (22.15)	-0.08 (0.03)
	Illetes-Calvià	9	0.11	nd	0.03 (0.01)	nd	-0.07
Mediterranean coast of	La Fossa	3	0.24 (0.08)	4.38(2.20)	0.03 (0.02)	130.20 (56.14)	-0.19 (0.12)
Spanish mainland	L'Arenal	6	0.24(0.13)	4.75(1.72)	0.15 (0.02)	8.11 (0.61)	-0.09(0.11)
L	L'Olla-						
	Campomanes	5.3	0.28 (0.14)	18.41 (16.72)	0.06 (0.04)	58.45 (25.17)	-0.23 (0.13)
	Xilxes	18.5	0.16 (0.04)	nd	0.30 (0.09	$\mathbf{n}\mathbf{d}$	0.14 (0.11)
	Torre de la Sal	9	0.21 (0.03)	3.58 (0.68)	0.05 (0.02)	33.39 (11.22)	-0.16 (0.05)
	Fanals	16	0.14 (0.03)	5.27 (0.88)	0.02 (0.01)	75.45 (19.41)	-0.12 (0.02)
	Giverola	13	0.17 (0.05)	4.65(1.18)	0.09 (0.02)	15.16 (5.24)	-0.08 (0.07)
	Jonquet	11.5	0.28	2.57	0.07	18.16	-0.21
	Port Lligat	12	0.23~(0.05)	3.41 (0.92)	0.18 (0.03)	6.80 (1.00)	-0.05 (0.04)

viving and recruited shoots. The specific net population growth rate  $(R_{net}, yr^{-1})$  was estimated as  $R_{net} = R - M$ . Error terms refer to standard errors throughout unless indicated otherwise.

The existence of significant differences in demographic parameters among regions was examined using analysis of variance and Tukey multiple comparisons test. Pearson correlation coefficient was used to describe relationships between variables. Small-scale (i.e.,  $0.09-0.72 \text{ m}^2$ ) heterogeneity in shoot mortality and recruitment rates was quantified as the average of the coefficient of variation (CV; %) of these variables at each station. Wilcoxon ranked sign test, performed on the paired observations of average shoot mortality and recruitment rates of each population across all populations studied, was used to test for a significant large-scale trend of *P* oceanica decline across the Spanish Mediterranean.

#### Results

Shoot density in the meadows studied ranged between  $154 \pm 8$  and  $1,551 \pm 454$  shoots m<sup>-2</sup> (Table 1), the variability observed partially being attributable to differences in water depth (Pearson correlation, r = 0.65, p < 0.001). Horizontal rhizome apexes were absent in 59% of the examined plots (Table 1), and when present they represented on average 8.6% of total shoot density, and up to 55% of that in the isolated patches of Xilxes.

Absolute shoot mortality ranged from 5.26 to  $249.01 \pm 53.98$  shoots m<sup>-2</sup> yr<sup>-1</sup> with substantial (on average, CV = 53%) heterogeneity in absolute shoot mortality within meadows (Table 1). Absolute shoot mortality was scaled to shoot density (Pearson correlation, r = 0.78, p < 0.0001), with an average mortality of  $13.4\% \pm 2.2$  of the shoots present in the population. Specific mortality rates, which were independent of shoot density (Pearson correlation, p > 0.5), provide a more robust basis to compare mortality rates. The specific shoot mortality rates ranged between 0.02  $\pm$  0.01 and 0.28  $\pm$  $0.14 \text{ yr}^{-1}$ , averaging  $0.16 \pm 0.08 \text{ yr}^{-1}$  (Table 2). The meadows growing along the coast of the Spanish mainland and Cabrera Island experienced the highest shoot mortality rates, whereas those at Formentera Island experienced the lowest mortality (Fig. 3). Significant (Tukey test, p < 0.05) differences in shoot mortality rate were only observed when comparing meadows growing along the Spanish mainland with those at Formentera Island (Fig. 3). The rates of shoot mortality observed indicated that the half-life of the shoot population



Fig. 3. *Posidonia oceanica* specific shoot mortality, specific shoot recruitment, and specific net population growth rates across the Spanish Mediterranean Coast regions studied.

varied from 2.5 to 60.4 yr, averaging 11.5 yr (Table 2).

*P* oceanica recruited on average  $19 \pm 13$  shoots  $m^{-2}$  yr<sup>-1</sup>, ranging from <5.26 to 62.8 ± 42.3 shoots  $m^{-2}$  yr<sup>-1</sup> (Table 1). Shoot recruitment varied (on average CV = 59%) among contiguous plots (Table 1), partially due to differences in the percentage of growing apexes, which produced most of the recruits within the population (Pearson correlation, r = 0.50, p < 0.001). The absolute rates of shoot recruitment indicate meadow turnover times for *P. oceanica* would range between  $6.8 \pm 1$ yr and more than a century (Table 2), provided current shoot recruitment and density remained uniform. The specific shoot recruitment rates ranged from  $0.02 \pm 0.01$  to  $0.30 \pm 0.09$  yr<sup>-1</sup> (Table 2). P. oceanica recruited shoots at the slowest rates at Cabrera and Formentera Islands, whereas the fastest specific shoot recruitment rates were observed along the Mediterranean coast of the Spanish mainland, although the differences were not statistically significant (Fig. 3 and Table 2).

The studied meadows experienced specific net population growth ranging from -0.25 to  $0.14 \pm 0.11$  yr<sup>-1</sup>, encompassing strongly declining and expanding populations. The low shoot recruitment in most meadows examined was insufficient to compensate shoot mortality in most (60%) of the meadows (Tables 1 and 2), showing a prevalence of declining populations among the 25 meadows studied. Consideration of all meadows in concert showed a significant trend towards the decline of *P* oceanica across this sample of populations in the Spanish Mediterranean Coast (Wilcoxon ranked sign test, p < 0.0005).

### Discussion

The wide variability in the magnitude of shoot recruitment and mortality observed across P. oceanica meadows studied along the Spanish Mediterranean Coast (Tables 1 and 2) reflects the effect of regional and local environmental conditions, together with intrinsic factors (e.g., population structure, genetic variability), on P oceanica population dynamics. P. oceanica shoot recruitment has been shown to be suppressed in carbonate sediments with increased sediment anoxia and sulphide due to even modest inputs of organic matter to the sediment (Holmer et al. 2003). Nutrient availability may limit P. oceanica growth (Alcoverro et al. 1997), and may constrain shoot recruitment at the most oligotrophic sites. The lowest P. oceanica shoot recruitment rates were observed in the meadows at Formentera and Cabrera Islands (Fig. 3 and Table 2), which grew on carbonate sediments and the most oligotrophic conditions present in the Spanish Mediterranean. The results reported also provide evidence of the role of intrinsic components of the meadow structure, such as shoot density and the density of meristem-bearing rhizome apexes and the space available for colonization on *P* oceanica population dynamics, with patchy, colonizing meadows exhibiting the highest shoot recruitment (Table 2).

The results presented clearly reveal an imbalanced *P* oceanica population dynamics across the Spanish Mediterranean Coast during the years 2000-2002, involving an overall decline in shoot density during this period. The decline of *P* oceanica meadows observed derived from the low shoot recruitment of the species, which ranks among the slowest of all the seagrasses (Hemminga and Duarte 2000), and the high shoot mortality experienced by the species (Table 2). Demographic estimates obtained in this study fall within the range of values reported for *P* oceanica using retrospective approaches in the past (i.e., shoot recruitment rate: 0-0.44 yr<sup>-1</sup>, shoot mortality rate: 0.03-0.53 yr<sup>-1</sup>; Holmer et al. 2003; Marbà et al. 1996, 2002).

The current negative net population growth rate observed in Spanish Mediterranean Coast P. oceanica meadows predict, if sustained, a decline of 50% of shoot density within 2.7 and 69.3 yr (i.e., time  $= -\ln(2)/R_{net}$ , generating concern about the conservation of these meadows. The net rates of population change recorded through the direct census approach used here is within the error of conventional quadrat count techniques used in most monitoring programs (Heidelbaugh and Nelson 1996). The widespread decline derived from our results would have remained hidden to monitoring programs, even for the fastest declining meadows (e.g., Sa Paret; Tables 1 and 2). Power analysis showed that the decline of shoot density by 50% after 2.7 yr for the meadow experiencing the fastest decline (Sa Paret at Cabrera Island) in this study, could only be detected from density counts with statistical confidence (i.e., p < 0.05) if 25 replicate quadrats were counted with a 1.5-yr interval. This is far larger than the effort any monitoring program may allocate, showing the superiority of direct censuses over standard procedures to detect seagrass decline.

The overall decline in *P. oceanica* shoot density observed across the Spanish Mediterranean Coast for the period 2000–2002 results from a combination of multiple causes. These include anthropogenic forcing and climatic disturbances operating at large spatial scales, which deteriorated the meadows. Anthropogenic forcing includes excess nutrient and organic inputs (Marbà et al. 2002; Holmer et al. 2003), along with physical disturbance caused by construction at the coastline (Duarte 2002). *P. oceanica* has been reported to be highly sensitive to disturbance, such as the storms associated with the passage of low pressure systems or seawater warming (Marbà and Duarte 1997). In the summer of 2001 water temperature in the Balearic Islands reached anomalously high values of 28°C (Díaz-Almela unpublished data). The high water temperatures during the summer of 2001 probably stressed *P. oceanica*, both directly and through accelerated microbial metabolism in the sediments (Duarte 2002; Holmer et al. 2003), resulting in enhanced shoot mortality. The observation of a massive P oceanica flowering event in fall 2001 across the meadows studied (Díaz-Almela unpublished data), provides additional evidence for abnormal stress to P. oceanica during the summer of 2001. In addition to high-temperature stress, passage of active low-pressure systems across the Spanish Mediterranean Coast in November 2001 resulted in severe storm and wave action, reaching record high proportions throughout most of the coast. This event resulted in important beach erosion and the detachment of large amounts of seagrass material. These climatic extremes may be responsible for much of the increased decline of Poceanica over the period 2000-2002 relative to that in the preceding two decades. The finding of high specific shoot mortality rates at meadows from Cabrera Island, where visitors are forbidden since it was declared a National Park (i.e., meadows at Cala Santa Maria), points out extreme climatic events as important drivers of shoot mortality. Long time series of *P* oceanica shoot demography are needed to identify the possible role of these disturbances on the observed seagrass decline. The balance of the role of anthropogenic versus climatic disturbances as causes of seagrass decline probably varies greatly across the meadows studied, such that actions to remediate the decline must be based on meadowspecific diagnostics, which could not be derived from the information presented here. This information is crucial to assess the capacity of the meadows to recover and to evaluate the magnitude of the decline observed.

Quantification of seagrass shoot demographic parameters and detection of on-going meadow decline can only be assessed using annual shoot census in permanent plots for seagrass stands experiencing specific (or per capita) shoot mortality rates  $< 1.0 \text{ yr}^{-1}$ , and specific net shoot population growth rates  $> -2.99 \text{ yr}^{-1}$  (i.e., shoot density decline not greater than 95% in one year). In order to use this method to detect long-term changes in seagrass shoot populations specific shoot mortality rate should be  $<0.5 \text{ yr}^{-1}$  and specific net shoot population growth rate should be  $>-0.30 \text{ yr}^{-1}$ (i.e., shoot density decline not higher than 50% in one year). Populations experiencing changes beyond those limits would experience demographic oscillations too broad to be captured in annual census, so that closer observational intervals would be necessary, with an increase in the resources required to assess the annual rates. According to available data on seagrass demographics, annual shoot census would be an appropriated tool to detect decline in meadows of P. oceanica (Table 1), Enhalus acoroides (Vermaat et al. 1995), Posidonia australis and Anphibolis antarctica (Marbà and Walker 1999), and slowly declining and colonizing meadows of Thalassia hemprichii (Vermaat et al. 1995), Thalassia testudinum (e.g., Gallegos et al. 1993; Peterson and Fourgurean 2001) and Posidonia sinuosa (Marbà and Walker 1999). The use of shoot census is also restricted to seagrass species or populations with shoot meristems above the sediment surface and sufficiently robust as to accommodate the tags without disturbance.

This study demonstrates the power of direct censuses of seagrass shoots in permanent plots to evaluate the present status of seagrass meadows, and to detect on-going population decline. The study also demonstrates that large-scale monitoring based on direct census is feasible, although this requires significant resources. The average direct costs, excluding other costs such as training of personnel, acquisition of SCUBA gear, etc., required to set up and recensus a set of plots once was calculated at about 1,300 €, which translates into significant resources when scaled to the number of meadows and the geographic spread addressed in the present study. Subsequent visits to the plots revealed important losses of the permanent quadrats, due to storms and anchor disturbance. The resulting half-life of the plots was only about 618 d, which was much shorter than the half-life of Poceanica shoot populations (Table 2). The number of replicate plots required for the long-term monitoring of seagrass meadows using permanent plots should be increased, to double that used here, in order to account for losses with time, also doubling the costs of this approach. Use of direct shoot census is particularly useful to assess recent population dynamics of slow-growing seagrass species, such as P oceanica, where other approaches, such as shoot density monitoring using random quadrats, are ineffective. The results obtained portray a scenario of rapidly declining *P* oceanica in the Spanish Mediterranean Coastand also provide some insight onto the possible factors involved. The incorporation of direct census of seagrass meadows to monitoring programs elsewhere will help them provide the early-warning signals necessary to assist in creating management decisions to conserve seagrass meadows. At a time that seagrass meadows are undergoing alarming worldwide decline, the results

presented here and the approach demonstrated provide an important basis to support managing polices informing of this problem before the meadows are lost.

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